

Chinos

bistro

Crustless Quiche 15.50

2 Nature's Farm eggs scrambled with feta cheese & mozzarella. Add your choice of three toppings.

Choice of fresh fruit or
Crusty Bun sourdough toast.

Shakshuka 15.50

Roasted red peppers, red onion, cherry tomatoes, seasoned tomato sauce and 2 Nature's Farm eggs.
Served with Crusty Bun sourdough toast.

Biscuit Breakfast Sandwich 15.50

Fresh baked baking powder biscuit served with 2 Nature's Farm eggs, back bacon, and Swiss cheese.
Served with fresh fruit.

Chinos Eggs Benedict 15.50

Fresh baked baking powder biscuit served open faced with back bacon, and 2 Nature's Farm eggs, Topped with homemade Hollandaise sauce & fresh chives.
Served with fresh fruit.

Baked Oatmeal 8.50

Homemade baked oatmeal, loaded with assorted fruit & large flake oats.
Served with steamed milk.

Toast 4.50

Two slices Crusty Bun sourdough bread.
Served with choice of Redpoll Farms Jam or homemade cinnamon honey butter.

Toast & Fruit 8.50

Two slices Crusty Bun sourdough bread.
Choice of Redpoll Farms Jam or homemade cinnamon honey butter, and fresh fruit.

Fresh Fruit Cup 6.00

Breakfast Pizzas

6" 11.50

11" 19.25

Sub gluten free flatbread for 11" Pizzas \$5.00
Sub vegan mozzarella upon request

The Veggie Brekkie

Red onions, roasted red peppers, mushrooms, mozzarella, asparagus, egg & fresh chives after baking.

The Sunshine

Red onions, back bacon, mozzarella, bacon, egg & fresh chives after baking.

The Benedict

Hollandaise sauce, back bacon, mozzarella, egg & fresh chives after baking.

Biscuits & Jam 7.25

Two fresh baked baking powder biscuits.
Served with Redpoll Farms jam.

Cinnamon Raisin Biscuits 7.25

Two fresh baked baking powder biscuits with cinnamon and raisins.
Served with homemade cinnamon honey butter.

Fruit & Biscuits 11.25

Choice of cinnamon raisin or traditional.
Served with Fresh Fruit.

Fresh Baked Muffin 4.50

Ask your server for today's flavour.

Fruit & Muffin 8.50

Green Smoothies 8.25

Island Blast – Coconut Milk, Banana, Spinach, Peaches, Pineapple, Cucumber, Celery, Coconut Flakes.

Banana Berry – Coconut Milk, Banana, Spinach, Blueberries, Strawberries, Pineapple, Flax Seeds.

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES PRIOR TO ORDERING